

LLR Falls Steering and Delivery Group Collective ambition statement and objectives

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Collective ambition statement

We aim to work in partnership across health, social and voluntary care to improve the health and wellbeing of people at risk of or affected by falls living in the place they call home. We will develop a plan for and take action to ensure the system is equipped to deliver an effective, accessible and equitable falls prevention and management offer across LLR which includes:

1. Identification of falls risk and assessment
2. Addressing falls risk factors to reduce the risk falling.
3. Ensuring that specific falls incidents are effectively managed.
4. Reducing impact of falls injury to reduce the associated distress, pain, injury, loss of confidence and loss of independence caused by a fall.
5. Reducing further falls after specific events.
6. Ensure parity of access to services at each stage of the pathway across LLR whilst recognising that models of delivery may need to be different.

We will achieve this collectively by:

- Ensuring that parity of consideration is given to people living in supported living, care homes and their own home.
- Reducing the stigma associated with falling by raising the profile of falls being a symptom of something else rather than a condition.
- Making every count and reframing conversations to opportunistically support people to recognise their falls risk and support people to take action to reduce the risk.
- Helping the public to recognise when they or a loved one are at risk of falling (communicate risk factors), how to reduce risk, what to do if they fall and what to do after a fall.
- Gathering and sharing data and intelligence to inform priorities and measure success where Information Governance/Data Sharing Agreements permit.
- Engaging with and involving all people affected by falls in our work which will include recognising, supporting and involving unpaid carers.
- Understanding what services/projects are already in place, using these effectively, celebrating success and learning from challenges faced.
- Learning from other areas to avoid reinventing the wheel.
- Using System, Place and Neighbourhood structures effectively in the design, test and delivery of services/projects.

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Collective objectives

1. Review rapid falls response services across LLR to ensure they are in line with the requirement set out in NHSE publication reference: PR2063 and ensure that changes are communicated with all relevant stakeholders to maximise use and avoid unnecessary EMAS call outs/conveyance to hospital.
2. Raise a public falls awareness campaign to reduce the stigma associated with falling, promote self-care including self-screening and advice and guidance to reduce or remove risk factors and recommended action to improve health and wellbeing and raise awareness of when and where to get support.
3. Increase profile of falls risk and available support among health, social care and VCSE workforce. Support relevant staff to assess falls risk, identify when to act and what action to take, including to support self-screening and give advice and guidance to reduce or remove risk factors where appropriate.
4. Ensure that care home staff are equipped with the knowledge, skills and tools to identify people at risk of falls, perform a multifactorial falls assessment and understand what measures they can put in place measures to reduce the risk.
5. Ensure that care home staff are equipped with the knowledge, skills and tools to manage a fall and to support a resident following a fall.
6. Proactive identification of those at risk of falls (including people who have fallen and at risk of repeat falls), multifactorial assessment of risk and clear pathway of action to take following assessment depending on urgency. This should include supported self-care – self-screening and advice and guidance to reduce or remove risk factors and recommended action to improve health and wellbeing.
7. Ensure that appropriate services are in place and readily available for those identified and assessed as being at risk of falling. This should include people who have fallen and at risk of repeat falls.
8. Ensure quality and effectiveness of services in place.